



INTEGRATIVE THERAPY  
FOR CHILDREN & YOUNG PEOPLE

### Session Fees

I aim to make therapy accessible while sustaining my practice.

To support this, I offer a sliding scale fee structure based on trust and individual circumstances. This allows you to choose a fee that feels manageable, while helping me offer reduced-cost sessions to other children who need them.

If you're able to contribute at a higher rate, it directly supports access for those with fewer financial resources.

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### Standard Rates

- £100 per session  
*For those with higher income, financial stability, and the ability to pay without strain*
- £85 per session  
*For those with steady income and some financial flexibility*

### Concessionary Rates

- £70 per session  
*For those managing on lower income, with limited savings or higher expenses*
- £50 per session (Bursary Rate)  
*For those experiencing significant financial hardship. Limited availability – discussed on a case-by-case basis*

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If you're unsure where you fit, I'm happy to talk it through.

The most important thing is that your child gets the support they need.

Alex